Training & Technical Assistance to Address Behavioral Health Issues Among Older Adults

Presenters:
Mary Ellen Shannon, Senior TA Manager
Angie Jones, TA Coordinator

Presented to the National Coalition on Mental Health & Aging
February 26, 2019
Who We Are

Since our founding in 1985, JBS International has worked with every state and jurisdiction in the United States to develop strong behavioral health prevention, treatment, and recovery systems that reduce the toll of alcohol, tobacco, and other drugs for all citizens.
What We Do

We help states and communities reduce behavioral health problems and achieve significant and sustainable improvements in health and well-being by working together to:

– Develop a deep understanding of why and where problems are occurring, and who they’re impacting
– Identify and take the actions that will have the most significant result.

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JBS Offices and Staff Locations
Health Resources and Services Administration

Rural Communities Opioid Response Program

The Uniform Curriculum for the Identification and Treatment of Alzheimer’s Disease for Primary Care Providers
National Institute on Aging

• NIA Information Resource Center
• Alzheimer’s and related Dementias Education and Referral Center
Corporation for National and Community Service

SENIOR CORPS
New Senior Corps study findings show improvements in health for volunteers.

https://www.nationalservice.gov/
Substance Abuse and Mental Health Services Administration/Administration On Aging

Older Americans Behavioral Health Technical Assistance Center
Substance Abuse and Mental Health Services Administration

State Technical Assistance and Predecessor Contracts

• State and Territorial Behavioral Health System Assessments
• Training and Technical Assistance
Substance Abuse and Mental Health Services Administration

State Technical Assistance and Predecessor Contracts

- Resource Guides
- Issue Briefs
- Policy Academies
- National Webinar Series
Significant increases in alcohol and opioid use, abuse, and dependence among older Americans led researchers to warn of an emerging public health crisis.
National Webinar Series

**SUBSTANCE ABUSE AMONG OLDER ADULTS:**
*An Emerging Public Health Crisis*
A webinar series brought to you by SAMHSA’s State TA Project

**High-Risk Alcohol and Opioid Use Among Adults Ages 55 and Older**

**JANUARY 23, 2018**
2:30-3:30 p.m. EST

Data reflect unprecedented increases in high-risk drinking and alcohol use disorders among adults ages 55 and older.

Even if rates remain stable, researchers warn the projected doubling of this population from 2010 to 2030 could create a public health crisis.

**Presenters**
Deborah Hasin, M.S., Ph.D., Professor of Epidemiology, Columbia University Medical Center—Dr. Hasin is co-author of a recent study published in *JAMA Psychiatry* on findings from the National Epidemiologic Survey on Alcohol and Related Conditions that indicate significant increases in alcohol use and abuse among older adults.

Frederic Blum, Ph.D., Professor and Director of the Addiction Center, Department of Psychiatry, University of Michigan—Dr. Blum is a national expert on substance abuse, including substance abuse prevention, screening, and diagnosis for older adults.

**Who Should Attend**
Individuals and organizations interested in preventing and reducing substance abuse problems across the lifespan.

**Register Now**
Click HERE to register by January 18, 2018.

**Upcoming webinars**
in this older adult series
- Alcohol and opioid issues and trends in rural areas
- Assessing substance abuse needs and developing effective partnerships
- Evidence-based and promoting strategies
- State responses to alcohol and opioid issues

**Who to Contact**
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Registration information: Navel Arauya at narauya@jbsinternational.com

- **Opioid Issues and Trends Among Older Adults in Rural America**
- **Mobilizing Partners to Address Substance Abuse and Related Issues Among Older Adults**
- **Policies, Practices, and Programs that Reduce Problems and Promote Health Across the Lifespan**
Participation In First Webinar
Substance Use/Misuse Logic Model Older Adults

**Alcohol and Other Drug (AOD)-Related Consequences**
- Injuries due to falls
- Cognitive impairment
- Motor vehicle crashes
- Adverse interactions with medications, including overdose deaths
- Complicated management of health problems
- Increase in ER visits
- Motor vehicle crashes

**AOD Use**
- High risk drinking & alcohol use disorders
- Misuse of prescription opioids and benzodiazepine (BZD)

**Intervening Variables**
- Biological changes that reduce ability to absorb and metabolize alcohol
- Grief and loss due to death of loved ones and friends
- History of Drug Use
- Social Isolation and Depression
- Financial issues and poverty related to decrease in income and unemployment
- Stressful life events and transitions (e.g., changes in housing)
- Diminishing health and physical disabilities
- Multiple prescribed medications
Michigan

Assessment and Strategic Planning to Address the Behavioral Health Needs of Older Adults in Michigan
Michigan Older Adult Logic Model

**Alcohol and Other Drug (AOD)-Related Consequences**
- Injuries due to falls
- Cognitive impairment
- Motor vehicle crashes
- Adverse interactions with medications, including overdose deaths
- Complicated management of health problems
- Increase in ER visits
- Suicides
- Abuse and financial exploitation

**Problem Behaviors**
- High-risk drinking & alcohol use disorders
- Misuse of prescription opioids and BZDs

**Intervening Variables**
- Biological changes that reduce ability to absorb and metabolize alcohol
- Grief and loss due to death of loved ones and friends
- History of drug use
- Social isolation and depression
- Financial issues and poverty related to decrease in income and unemployment
- Stressful events and transitions (e.g., changes in housing)
- Diminishing health and physical disabilities
- Multiple prescribed medications
- Stigma associated with mental health and substance use
- Traumatic experiences (PTSD, ACEs)
- Culture of prescribing opioids for pain management
- Cultural context associated with AOD use
Our Services

• Organizational Assessments
• Needs, Resource, and Policy Assessments
• Strategic Planning
• Mobilization and Stakeholder Engagement
• Training and Technical Assistance
• Workforce Development
Questions and Answers
We’d Love to Hear From You!

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