



## **Older Adult Mental Health Resources**

### **ADVOCACY**

- *Advocacy (Maryland Coalition for Mental Health and Aging)*
- *Position Statement 35: Aging Well: Policy (Mental Health America)*

### **FAMILY CAREGIVING**

- *Family Caregivers Briefcase (American Psychological Association)*
- *Family Caregiving and Public Policy: Principles for Change (National Alliance for Caregiving)*
- [NASW Standards for Social Work Practice with Family Caregivers of Older Adults](#) (National Association of Social Workers)
- *VA Caregiver Support (U.S. Dept. of Veteran Affairs)*
- [Eldercare locator, a public service of the Administration for Community Living](#) (ACL)

### **CLINICAL MENTAL HEALTH PRACTICE**

- *What Mental Health Providers Should Know About Working with Older Adults (American Psychological Association)*

### **COGNITIVE AGING**

- *Cognitive Aging: Progress in Understanding and Opportunities for Action (Institute of Medicine)*
- *Healthy Brain Initiative (CDC)*

### **CULTURAL DIVERSITY**

- *National Association of State Mental Health Program Directors Older Persons Division (NASMHPD OPD) Language Guidelines*
- [Standards and Indicators for Cultural Competence in Social Work Practice](#) (National Association of Social Workers)

### **DEMENTIA**

- *2015 Alzheimer's Disease Facts and Figures (Alzheimer's Association)*
- *2015 Recommendations of the Public Members of the Advisory Council on Alzheimer's Research, Care, and Services (DHHS)*

- *Assessment of Older Adults with Diminished Capacity handbooks (ABA/APA)*
- [National Plan to Address Alzheimer's Disease: 2015 Update](#) (DHHS)
- *Principles of Care for Patients With Dementia Resulting From Alzheimer Disease (American Association of Geriatric Psychiatry)*

### **ELDER ABUSE**

- *Elder Abuse and Neglect: In Search of Solutions (American Psychological Association)*
- *Frequently Asked Questions about Elder Abuse (National Council on Aging)*
- [National Center on Elder Abuse](#)

### **LGBT AGING**

- [National Resource Center on LGBT Aging](#) (funded by Administration for Community Living)
- *Health and Psychosocial Needs of LGBT Older Adults (AIDS Community Research Initiative of America; ACRIA)*

### **MEDICARE**

- *Medicare and Your Mental Health Benefits (Center for Medicare and Medicaid Services)*

### **MENTAL AND BEHAVIORAL HEALTH**

- *Aging & Behavioral Health Partnerships – Strategies for SUCCESS! (NCOA)*
- *Behavioral Health (National Council on Aging)*
- *"Bring Change 2 Mind" (the Child and Adolescent Bipolar Foundation, Fountain House, and International Mental Health Research Organization)*
- *Community Integration for Older Adults with Mental Illnesses: Overcoming Barriers and Seizing Opportunities (SAMHSA)*
- *Depression in Older Adults Fact Sheet (Mental Health America)*
- [The SAMHSA toolkit for treating Depression in Older Adults](#)
- *The State of Mental Health in America (CDC)*
- *Good Mental Health is Ageless (SAMHSA)*

Meeting the Mental Health Challenges of the Elder-Boom (Geriatric Mental Health Alliance on of New York)

- National Council for Behavioral Health Mental Health First Aid (NCBH)
- Older Americans Behavioral Health: Issue Brief Series (NCOA)
- Older Americans Behavioral Health: Webinar Series (NCOA)
- [Training Resources Compendium for Dementia Care Providers and Volunteers \(ACL\)](#)

#### **MODEL PRACTICES**

- Caregiver Intervention Database (Rosalynn Carter Institute for Caregiving)
- Caregivers as Partners and Clients of Behavioral Health Service. Issue Brief and Webinar
- Healthy IDEAS and PEARLS: evidence-based community programs for depression identification and management
- National Registry of Evidence-Based Programs and Practices (SAMHSA)

#### **SUBSTANCE ABUSE**

- Get Connected! Toolkit: Linking Older Adults with Medication, Alcohol and Mental Health Resources (SAMHSA, AoA, NCoA)
- Older Americans Behavioral Health Issue Brief Series (SAMHSA, AoA/ACL, NCoA)
- Prevention and Management of Alcohol Problems (NCoA)
- Promoting Older Adult Health: Aging Network Partnerships to Address Medication, Alcohol and Mental Health Problems (SAMHSA, AoA and NCOA)

#### **SUICIDE PREVENTION**

- Issue Brief 4: Preventing Suicide in Older Adults (NCoA)
- Pennsylvania Older Adult Suicide Prevention Plan
- Suicide Prevention in Older Adulthood (NCoA)Webinar
- [Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Centers \(SAMHSA\)](#)
- [Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Living Communities \(SAMHSA\)](#)

#### **TRAUMA**

- Disaster Preparedness Guide for Older Americans (Department of Elder Affairs State of Florida)
- Psychosocial Issues for Older Adults in Disasters (SAMHSA/CMHS) Publication
- PTSD and Older Veterans (VA National Center for PTSD)  
Professional Resources
  - Older Adults
  - VA PTSD Consultation Program

#### **WORKFORCE**

- The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands (National Academy of Medicine, 2012)
- The Impact of the Older Adult Mental Health Workforce Shortage on the Public Mental Health System

#### **GENERAL REPORTS**

- [Profile of Older Americans](#) (AOA)
- The State of Aging and Health in America 2013 (CDC)

#### **OTHER RESOURCES**

- Benefits Check Up (National Council on Aging)
- Eldercare Workforce Alliance
- National Ombudsman Resource Center (NORC)
- Older Adult Technical Assistance Center (Administration for Community Living)

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